

Testified on the department meeting
proceedings No 10 dated 21.12.2023

THE TOPIC PLAN
**of self-educational work on “Hygiene and Ecology” for the 2-year students of the second (master's) level of
higher education, speciality 222 "Medicine",
43 group, the department of General Hygiene and Ecology, (spring) semester 2023/2024**

No	Theme	hours	Date 43 group
1.	Research methods and estimation of influencing factors of environment on a health children and adolescents. Determination of group of health and physical development.	4	05.02-10.02
2.	Method of hygienic control of the organization of physical education and labour training of children and adolescents. Medical-professional consultation and medical professional selection of teenagers in the conditions of school and policlinic.	4	07.02-13.02
3.	Features of hygiene of labour in main branches of industry and agriculture.	4	13.02-17.02
4.	Pesticides, agrochemicals and biosafety of the population.	5	20.02-24.02
5.	Sources of pharmaceutical pollution by medical and pharmaceutical wastes, ways of their disposal.	5	27.02-03.03
6.	Primary prophylaxes of AIDS.	4	06.03-10.03
7.	Medical and preventive abilities of food products.	4	13.03-17.03
8.	Radiation contamination of environment. Hygienic aspects of Chernobyl disaster.	4	20.03-24.03
9.	General patterns of human adaptation to different environmental conditions. Ecologically conditioned and environmentally dependent diseases.	4	27.03-31.03
10.	Methodologic and methodic study principles of population health depending on the state of environment.	4	03.04-07.04
11.	Natural and anthropogenic disasters. Sanitary and hygienic measures in emergency situations.	4	10.04-14.04
12.	Healthy way of life and personal hygiene. Physical culture and basis of tempering. Hygienic estimation of bath – houses, their influence on health.	4	17.04-21.04
13.	Prophylaxis of alcoholism, drug addiction, toxicomania, tobacco smoking.	5	24.04-28.04
	Total	55	

Head of the department of general hygiene and ecology



assoc. prof. A.V. Sybirny