

5) Annotation of the discipline "Reflexotherapy in Neurology" (elective course) for the training of specialists of the second (master's) level of higher education for students of the 5th year of the medical faculty who study in the specialty 222 "Medicine".

According to the curriculum, the subject "**Reflexotherapy in Neurology**" (elective course) is carried out during the IX-X semesters of the 5th year of study. The program of the elective course contains the main sections of modern reflexotherapy and is designed for **20 classroom hours** (practical classes) and **40 hours of individual work - 60 hours. / 2.0 ECTS credits.**

The discipline is structured into sections:

- 1. General reflexotherapy.**
- 2. Special reflexotherapy.**

The discipline of the elective course " " in its content is a document that determines the amount of knowledge that must be acquired by fifth-year students in accordance with the requirements of the educational and qualification characteristics of the future specialist. The discipline is designed to enable senior students not only to study the basic theoretical aspects of reflexotherapy, but also to acquire practical skills of its use in complex treatment at different stages of the pathological process, as well as rehabilitation of patients.

The purpose of studying the discipline is to create in students a holistic view of the basic theoretical and methodological aspects of reflexotherapy and the acquisition of practical skills in its use in clinical settings.

The ultimate goals of the discipline: 1. To define the key concepts of reflexotherapy as a clinical discipline.

2. To interpret the relationship between reflexogenic zones and their reflexotherapeutic effects.

3. To determine the indications and contraindications to reflexotherapy, prescribe the optimal method of reflex action.

4. To study simple ways of reflexotherapy (acupressure and segmental massage, thermoreflexotherapy, postisometric muscle relaxation, etc.).

5. Analyze acupuncture zones in terms of their reflexotherapeutic effects, in particular acupuncture analgesia.

6. Use the basic rules of selection and conduct of puncture and manual reflexotherapy in clinical practice.

Types of control (current and final).

Current control is carried out at each practical lesson in accordance with the specific objectives of the topic.

The form of **final control** in accordance with the curriculum - credit.