

**Discussed and approved** on  
methodological meeting  
of the department  
Protocol № 1, August 30, 2023

**Plan of lectures on human anatomy**  
**of Medical faculty in 1st semester 2023/2024 studying year**  
**beginning - 01.09.2023, end — 21.12.2023**

№	Topic	Hours	Group and date
			34
1	General osteology. Bone as an organ. Structure and function of the bone. Classification. Development. Types of ossification.	2	12.09
2	General arthrology. Classification of joints. Structure and function of the joints.	2	26.09
3	General myology. Muscles as an organ. Muscle structure and function. Classification. Muscle development. Elements of biomechanics.	2	10.10
<b>Total:</b>		<b>6 hours</b>	

Head of the Department  
of Normal Anatomy



Prof. Lesia MATESHUK-VATSEBA

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**Plan of the practices on human anatomy  
of Medical faculty in 1st semester 2023/2024 studying year  
beginning - 01.09.2023, end — 21.12.2023**

№	Topic	Hours	Group and date
			34
1	Anatomical nomenclature. Axes and planes. Common features of the vertebrae. Cervical, thoracic, lumbar vertebrae. Sacrum, coccyx, ribs, sternum.	2	01.09
2	Frontal, parietal, occipital, ethmoidal bones.	2	05.09
3	Sphenoid bone, temporal bone. Canals of temporal bone	2	12.09
4	Facial skull. Orbit, bony nasal cavity.	3	15.09
5	External and internal bases of the skull. Temporal, infratemporal and pterygopalatine fossa.	3	19.09
6	Bones of the upper extremity.	2	26.09
7	Bones of the lower extremity.	2	29.09
8	Practical skills and generalizations of bones' anatomy.	3	03.10
9	General arthrology. Connections of torso bones. Connection of the bones of the head.	3	10.10
10	Connections of the bones of the upper extremity.	3	13.10
11	Connections of the bones of the lower extremity. Practical skills and generalizations of material on the anatomy of joints.	3	17.10
12	Muscles and fasciae of the back.	2	24.10
13	Thoracic muscles and fascia. Diaphragm.	2	27.10
14	Abdominal muscles and fascia. The vagina of the rectus abdominis. Inguinal canal. White line of the abdomen.	2	31.10
15	Muscles and fasciae of the head.	2	07.11
16	Muscles and fasciae of the neck. Topography of the neck.	3	10.11
17	Muscles of the upper limb.	2	14.11
18	Fasciae and topography of the upper limb.	2	21.11
19	Muscles of the lower limb.	2	24.11
20	Fascia and topography of the lower extremity. Practical skills and generalizations of material on myology.	3	28.11
<b>Total:</b>		<b>48 hours</b>	

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**Plan of Self-work on Human Anatomy**

**of Medical Faculty in the 1st Semester**

**2023/2024 studying year**

№	Topic	Hours	Date	Type of Control
<b>Summary lesson 1 «Introduction to anatomy. Osteology».</b>				
1	The main stages of development of anatomy. History of development of English anatomical schools in the XX - XXI centuries. Lviv Anatomical School.	6	05.09	Current control in practical classes
2	Periods of ontogenesis. Embryogenesis.	4	12.09	
3	Methods of anatomical research. Anatomical nomenclature. Constitutional types of human body.	4	19.09	
4	Gender, age and individual-related features of the skull.	12	29.09	
5	Chest as a whole. Pelvis as a whole.	6	03.10	
	<b>Total:</b>	<b>32 hours</b>		
<b>Summary lesson 2. «Connection of the bones».</b>				
1	Biomechanics of joints.	8	10.10	Current control in practical classes
2	Foot joints: Shopar and Lisfranc joints. The arch of the foot.	7	17.10	
	<b>Total:</b>	<b>15 hours</b>		
<b>Summary lesson 3 «Anatomy of the muscles».</b>				
1	Interfascial spaces of the head and neck. Topography of the neck (schematic).	10	31.10	Current control in practical classes
2	Weak areas of the abdominal wall.	10	07.11	
3	Muscle groups that perform movements in the shoulder, elbow and wrist joints.	6	21.11	
4	Muscle groups that perform movements in the hip, knee and ankle joints.	8	28.11	
	<b>Total:</b>	<b>34 hours</b>		
	<b>Total in 1-st semester:</b>	<b>81 hours</b>		

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