

MINISTRY OF HEALTH OF UKRAINE
DANYLO HALYTSKY LVIV NATIONAL MEDICAL UNIVERSITY

SYLLABUS

«Basics of Psychoanalysis»

Professional training of the second (master's) level of higher education in the field of 22 "Health care", specialty 222 "Medicine" 228 "Pediatrics"

2023 2024

1. General information	
Faculty name	Dentistry
Educational program	22 Health care, 222Medicine, second (master's) level of higher education, full-time
Studying year	2023-2024
Discipline name, code	«Basics of Psychoanalysis» ББ 1.26. https://new.meduniv.lviv.ua/kafedry/kafedra-psyhiatriyi-psyhologiyi-ta-seksologiyi/
Department	Department of Psychiatry, Psychology and Sexology Address: 95, Kulparkivska street; tel: +380322954964, e-mail: kaf_psychiatrists@meduniv.lviv.ua
Head of the Department	Professor R.I. Bilobryvka e-mail: kaf_psychiatrists@meduniv.lviv.ua
Year of studies	4 year of studies
Semester	7,8 semesters
Type of discipline	optional
Lecturers	Prof. L.V. Rakhman rakhman@polynet.lviv.ua Associate Prof. B.V. Kulyk bogdankulyk@ukr.net Associate Prof. O. Yu. Plevachuk oplevachuk@ukr.net Assistant Prof. A.R. Tsona tsonaandrew@gmail.com Assistant Prof. K.Y. Zakal katerynaz97@gmail.com
Erasmus	No
Person in charge of the syllabus	Associate Prof. Karpinska R.I. karpinska_roksolana@meduniv.lviv.ua
Number of ECTS credits	1 credit
Number of hours	Lectures -0 , practical classes -20, Individual work–10
Language of teaching	English
Information about consultations	Consultations are conducted according to the schedule of consultations, which is put up on the information boards of the department, the website of the department, the platform for distance learning MISA
Address, telephonenumber and work schedule of the clinical base, bureau	Lviv, 95Kulparkivskastreet tel.: +380322954964 Lviv Regional State Clinical Psychiatric Hospital Working time: Mon – Fri from 8:00 to 19:00
2. Short annotation to the course	

Program of the course "Fundamentals of psychoanalysis" for higher medical schools of Ukraine IP-IU levels of accreditation is compiled for the specialties 7.110101 "Medical case", 7.1 10104 "Pediatrics", 7. 1 10105 "Medical-preventive affair". It is advisable to study the basics of psychoanalysis on the 4th year. Student discipline is based on the students' previous study of philosophy, general and medical psychology, sociology, pedagogy, physiology, biology, clinical medical disciplines. Knowledge acquired through these disciplines can be naturally integrated into psychoanalytic theory. The creation of Sigmund Freud's doctrine of unconsciousness has opened a new era in the manifestations of man himself. During the next century, psychodynamic theory and practice continued to accumulate knowledge and experience in the understanding of the mechanisms of the functioning of the human psyche. In tribute to the time psychoanalysis is a stable position in the system of human sciences. His powerful influence is noticeable in modern psychology, biology, theory of development, sociology, pedagogy and, of course, in medicine. Significant discoveries were marked by psychoanalytic studies of psychosomatic and somatopsychic interactions. The integration of Ukrainian medicine into the system of European traditions of medical care will inevitably begin to require our physicians to develop psychoanalytic observation and understanding skills. In this regard, it is impossible to imagine modern medical education without basic ideas about the achievement of psychoanalysis. The program of the lecture course is compiled taking into account Freud's formulated triple definition of psychoanalysis: as a psychotherapy, research method and metaphysical theory. Studying the course "Fundamentals of psychoanalysis" will allow: a) to master the basic concepts and theoretical models of classical and modern psychoanalysis; b) to understand the principles of the functioning of the mental apparatus; c) to reveal new opportunities in the professional activity of the doctor through a deeper vision of the problems of the sick person, psychoanalytic comprehension of his life history and the organization of personality; g) to get an idea of the principles of choosing an adequate style of relationship and strategy of psychotherapeutic influence taking into account patient-specific mechanisms of psychological protection; e) to study the basic laws of psychosomatic interactions, which underlie somatic maladaptation. The organization of the educational process is carried out by the credit-module system, in accordance with the requirements of the Bologna Process. According to the curriculum for studying the elective course "Fundamentals of psychoanalysis", 1.5 credits (45 hours), 30 hours of which are classroom training and 15 hours - independent work of students are allocated. The elective course "Fundamentals of Psychoanalysis" is presented by one module of the Fundamentals of Psychoanalysis.

3. FINAL OBJECTIVES (PURPOSE OF STUDY) OF THE EDUCATIONAL DISCUSSION

1. The purpose of studying the elective course "Fundamentals of psychoanalysis" is the ultimate goal established on the basis of OPP training of a doctor in the specialty according to the block of its content module (humanitarian and socio-economic training (professional orientation)) and is the basis for constructing the content of the discipline. The description of goals is formulated through skills in the form of target tasks (actions). Based on the ultimate goals, each module or content module formulated specific goals in the form of certain skills (actions), target tasks that ensure the achievement of the ultimate goal of studying the discipline.

The ultimate goal of the discipline

- define the concept: psychoanalysis as a method of research, psychoanalysis as a psychotherapeutic method and psychoanalysis as a worldview;
- determine the scope of application of psychoanalysis;
- determine the history of the formation of ideas about the unconscious, the main discoveries of Freud (dynamic unconscious, infantile sexuality, the structure of the psyche, the theory of trains, etc.);
- Demonstrate ownership of modern theoretical concepts about the unconscious and the mechanisms of its functioning;
- use psychoanalysis as a professional activity, general principles of psychoanalytic psychotherapy.

4. Course prerequisites

Ability to solve typical and complex specialized problems and practical problems in professional activities in the field of health care, or in the learning process, which involves research and / or innovation and is characterized by complexity and uncertainty of conditions and requirements.

5. Academic results according to the syllabus

List of academic results

Academic result code	Academic result code	Academic result code
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ЗН 1-9 ФК 1,2,3	Collect data on patient complaints, medical history, life history, conduct and evaluate the results of physical examination.	ПП1,2,3
ЗН-1,2,3 ФК 3	Evaluate information about the diagnosis using a standard procedure based on the results of laboratory and instrumental examinations	ПП3
ЗН2-6 ФК 3	Establish the leading clinical symptom or syndrome. Establish the most probable or syndromologic diagnosis of the disease. Assign laboratory and / or instrumental examination for the patient. Carry out differential diagnosis of diseases. Establish a preliminary and clinical diagnosis.	ПП3
ЗН 3 ФК 4	Determine the optimal mode of work and rest in the treatment of the disease.	Пп 4
ЗН3,4 ФК3,15,16	Determine the presence and level of restrictions of everyday activities life; type, level and duration of disability.	ПП15
ЗН 1-7,12-15	To form goals and to determine the structure of personal activities.	ПП21,22,23,24
ЗН 3-8	Adhere to a healthy lifestyle, use the techniques of self-regulation and self-control	ПП22
ЗН 2,15	To be aware of and guided in own activity by civil rights and responsibilities, to raise the general educational and cultural level.	ПП21
ЗН 1-5,15	Adhere to the requirements of ethics, bioethics and deontology in own professional activity.	ПП24

6. Course format and load

Course format	full-time	
Type of classes	Number of hours	Number of groups
lectures	0	
practical classes	20	
seminars	0	
independent work	10	

7. Topics and content of the course

Type of class code	Topic	Content	Academic result code	Lecturer
Pr-1	Mechanisms of functioning of the unconsciousness	<p>Life S. Freud. Cultural and scientific sources of psychoanalytic doctrine. Philosophical and natural science grounds of Freudian world outlook. W. Wundt School of Psychology. Psychophysiological School E. Bryukke, Philosophical Concepts by A. Schopenhauer and F. Nietzsche. Medical practices "caring for the soul": psychiatry, psychotherapy, etc. The discovery of the unconscious in the studies of hysteria and hypnosis (Zh.M.Sharko, I.Berheim). Stages of development of the psychoanalytic method: hypnosis, catarrh method, free associations, interpretation of dreams, resistance, transfer. The main discoveries of S.Freud: dynamic unconscious, infantile sexuality, the structure of the psyche, the theory of curtains. Distribution of psychoanalysis beyond the scope of psychologists. A. Adler's individual psychology, KH Jung's analytical psychology, the theory of the trauma of birth of O. Rank, the theory of social character E.Froma. History of domestic psychoanalysis. Distribution of psychoanalytic ideas in the territory of tsarist Russia. Post-revolutionary stage. The main stages of the development of psychoanalysis in Ukraine in the first third of the 20th century. Reasons for the disappearance of psychoanalysis in the Soviet Union.</p>	3H-1- 9 Пp21,23,24	Per schedule
Pr-2	Methods and techniques of psychoanalysis. Initial interview.	<p>The concept of psychoanalysis as a psychotherapeutic method. The main stages of the formation of psychoanalytic practice, the evolution of goals (reaction, awareness, structural changes). The difference between psychoanalysis and psychiatric practice. Ethical principles of psychoanalytic practice. Differences in psychoanalytic research from traditional ones. Understanding the unity of research and treatment. Clinical Interviews. Place and significance of metapsihology in the structure of psychoanalytic doctrine. Psychoanalysis and philosophy.</p>	3H-1- 9 Пp21,23,24	Per schedule

Pr-3	Psychoanalytic interventions	Theory of the unconscious: descriptive and dynamic approaches to the definition. Fundamental psychoanalytic concepts: displacement and protection, desire and attraction, dreams and fantasy, primary and secondary processes. The topical and structural model of the psyche. Stages of the formation of the doctrine of Z. Freud on the attraction: sexuality and attraction I, the theory of narcissism, the attraction to life and the attraction to death, Eros and Tanatos. Swaddling to death in the works of Freud and other psychoanalysts. The principle of reality and the principle of satisfaction.	ЗН-1,3,4,9 Фк 1-3 ЗН-1- 9 Пп21,23,24	Per schedule
Pr-4	Personality structure and psychosomatic pathology.	The notion of the origin of neuroses (Shar-ko, Zhan). The contribution of Z. Freud to the theory of neuroses. Theory of seduction, the theory of trauma, the theory of curvatures, Freud's classification of neuroses. Neurotic person. Conflicts and psychological protection. Mechanisms of formation of neurotic symptoms (displacement, conversion, splitting, dissociation, shift of affection, reactive formation). Transfer neurosis, as an integral part of the psychoanalytic process.	ЗН-1- 9 Пп21,23,24	Per schedule
Pr-5	Modern psychoanalytic theories. Theory of objective relations.	The theory of child sexuality. Development stages of libido. Fixation and regression. Representation of the death instinct and its role in psychosexual development. The concept of the stage of psychosexual development. Oral, anal, phallic stages. Oedipus complex. Post-Freedom Development Concepts. Displacement of interest in object relations. Contribution by M. Klein, D. Winnikota. A. Freud and the concept of development lines. Psychopathology of the early age	ЗН-1- 9 Пп21,23,24	Per schedule
Pr-6	Modern psychoanalytic theories. Psychological theory of H. Kohut	The concept of dreams from the standpoint of topographical theory Z. Freud. Regression from the system of the pre-conscious to the system of the unconscious. Concept of desire fulfillment. Immediate and distorted dreams. The work of a dream (condensation, shift, symbolism, recycling). Basic principles of interpretation of dreams. Otto Rank's Ideas About Symbolism in Dreaming. A. Adler, T. Franch, E. Erickson on the dream	ЗН-1- 9 Пп21,23,24	Per schedule

Pr-7	The contribution of psychoanalysis to the theory of psychosomatic medicine.	The history of personal relations and theoretical differences between S.Freud and KG Yung. Collective Unconscious (Jung) and "Archaic Heritage" (Freud) Psychoanalytic and Jungian Understanding of Symbols Concept of Archetypes Analytical Psychology of Art and Myth. Criticism of analytical psychology from the standpoint of classical psychoanalysis. Characteristic of V. Raikh. The theory of social character E.Froma, the concept of neuroses K. Horney, the epigenetic theory of E. Erickson, the interpersonal theory of G. Sullivan	3H-1- 9 Пp21,23,24	Per schedule
Pr-8	Basic principles of psychoanalytic treatment of psychosomatic patients .	Structural model of the psyche and ego-psychology. Reasons for reviewing theory and technology. Clinical variants of protective mechanisms. Adaptation and disease. Origin of ego and his functions. Differences between ego and the Self (Ego - Psychology, Theory of Object Relations, Structural Psychoanalysis)	3H-1- 9 Пp21,23,24	Per schedule
Pr-9	The problem of depression and suicide in terms of psychoanalysis .	M. Klein and her contribution to the theory of development of the psyche. Unidentified fantasies. New in the theory of train-defenses. The role of object relations in the formation of mental structures. Projective identification. Concept of U. Biona.	3H-1- 9 Пp21,23,24	Per schedule
Pr-10	The problem of addictive behavior in terms of psychoanalysis.	Investigation of narcissistic phenomena in relations. "Humanization" of the psychoanalytic process: the role of empathy and introspection O. Kernberg; Ego-psychology of object relations, the concept of borderline disorders, diffuse identity..	3H-1- 9 Пp21,23,24	Per schedule
Ind 1	Introduction to the theory of psychoanalysis. History of the origin and spread of psychoanalytic teaching	Culturological studies of E. Erickson and M.Mida. Idea. R. Benedict of the culture of guilt and culture of shame. Investigation of an authoritarian person (G.Markuse, E.Fromm, O. Rank). Psychoanalysis of the War (H. Sigal). Psycho-historical and psycho-biological studies (Freud, Abram, Erickson). Psychoanalysis and contemporary art. Exploitation of psychoanalysis as a creative method. Freud's works on creative fantasy.	3H-1- 9 Пp21,23,24	Per schedule
Ind-2	The structure of psychoanalytic teaching. Three components of psychoanalysis (therapy, research method and	The idea of psychoanalytic setting. The rules and rules governing the relationship between the patient and the psychoanalyst. Neutrality, abstinence. The basic rule of psychoanalysis.	3H-1,3,4,9 Фк 1-3 3H-1- 9 Пp21,23,24	Per schedule

	philosophy).	Psychoanalytic psychotherapy, differences from psychoanalysis. Beginning of relations, structuring of first contacts. Objectives of "previous" relations: research of patient's ability to cooperate. Informing, clarifying, teaching the patient. Assessment of the prospects of relations. The idea of a working alliance. Structural interview with O. Kernberg. Interview on attachment		
Ind-3	Mechanisms of functioning of the unconscious.		3H-1- 9 Пp21,23,24	Per schedule
Ind-4	Theory of neuroses.	Clarification. Confrontation. Interpretation. Restoration of	3H-1- 9 Пp21,23,24	Per schedule
Ind-5	Theories of psychosexual development	"broken ties" Psychoanalytic reconstruction Therapeutic aspects of regression Resistance and its types Outward play Outputs	3H-1- 9 Пp21,23,24	Per schedule
Ind-6	Psychoanalytic theory of dreams	Grounds for completing psychoanalysis.	3H-1- 9 Пp21,23,24	Per schedule
Ind-7	Analytical psychology and neo-Freudianism		3H-1- 9 Пp21,23,24	Per schedule
Ind-8	Modern psychoanalytic theories. Ego-psychology.		3H-1- 9 Пp21,23,24	Per schedule
Ind-9	Modern psychoanalytic theories. Theory of object relations.	The history of psychoanalytic studies of the relationship between mental illness and somatic illness. The concept of psychosomatic specificity and psychosomatic diagnosis. Ideas of Wizards about		Per schedule
Ind10	Modern psychoanalytic theories. "Psychology of self" H. Kohut.	"evil" introspectives. The model of the three sectors of the world (the world of objects, the world of self-exaltation, the world of the body) by J Sandler, Bastians, which is represented by the concept of	3H-1- 9 Пp21,23,24	Per schedule
Ind-11	Psychoanalysis in sociology, history, art, ethnography.	"isterogenic" family. The role of socio-cultural models of education in the development of	3H-1- 9 Пp21,23,24	Per schedule

Ind12	Introduction to the theory of psychoanalysis. History of the origin and spread of psychoanalysis	psychosomatic pathology (Groene). Relationship between unconscious representations, functions of organs and their libisation. Problem of displacement and somatization. Alexithymia in the structure of the problems of psychosomatic patients.	3H-1- 9 Пp21,23,24	Per schedule
Ind13	The structure of psychoanalysis teaching. Three components of psychoanalysis (therapy, research method and philosophy).		3H-1- 9 Пp21,23,24	Per schedule
Ind14	Mechanisms of functioning of the unconscious.	The concept of aggressive body catechesis on the example of hysterical paresis and paralysis. Psycho-biological effects of stress.	3H-1- 9 Пp21,23,24	Per schedule
Ind15	Theory of neuroses.	Conversion mechanism of the disease of the stomach ulcer.	3H-1- 9 Пp21,23,24	Per schedule
Ind16	Theories of psychosexual development	Psychoanalytic approaches to the study and treatment of hypertonic disease (disease of "manufacturing"), migraines,	3H-1- 9 Пp21,23,24	Per schedule
Ind17	Psychoanalytic theory of dreams	anorexia nervosa, coronary disorders. Psychoanalytic psychotherapy of psychosomatic disorders. Focal therapy by Ballint.	3H-1- 9 Пp21,23,24	Per schedule
Ind18	Analytical psychology and neo-Freudianism		3H-1- 9 Пp21,23,24	Per schedule
Ind19	Modern psychoanalytic theories. Ego-psychology.	Durkheim about suicides. Classical notions of depression (solving the conflict of aggression). Freud-Abraham's theory of depression as a consequence of the loss of an object. Suicidal action as the end result of depressive dynamics.	3H-1- 9 Пp21,23,24	Per schedule
Ind20	Modern psychoanalytic theories. Theory of object relations.	Object relations suicidents (symbiotic, passivity, masochism). Significance of object narcissistic relations for understanding and therapy of suicidal patients. Suicide as a narcissistic crisis. Conscious and unconscious determinants of suicidal action.	3H-1- 9 Пp21,23,24	Per schedule

8. Academic results verification

Current control is carried out during training sessions and aims to check the students knowledge of the educational material. Assessment forms of current educational activities include control of theoretical and practical knowledge. The final grade for the current performance is given in

accordance with the 4-point (national) scale.

Academic result code	Type-of-class code	Method of academic results verification	Passing criteria example
3H-1-15, YM-1-15, K-1, AB-1	Pr-10, Ind-20	Test control: the student receives 10 tests, answers and receives the result in points (from 0 to 10) and percent (from 0 to 100). Individual oral examination of theoretical material is included in methodological developments on relevant topics;	Test control: from 5-6 (50-60%) - satisfactory; 7-8 (70-80%) - good; 9-10 (90-100%) - excellent. Answer to the teacher's question: the student answered all the teacher's questions, demonstrated the ability to think logically - excellent. The student answered all the teacher's questions, demonstrated the ability to think logically, made 1-2 mistakes or inaccuracies - well. The student answered some questions of the teacher, demonstrated the ability to think logically, but is confused in the diagnosis - satisfactory.
Final control			
General assessment system	Participation in the classwork during the semester 100% according to a 200-point scale		
Assessment scales	traditional 4-point scale, multi-point (200-point) scale, ECTS rating scale		
Conditions of admission to the final control	the student attended all practical classes and received at least 120 points for current performance		
Type of final control	Methods of final control	Type of final control	
Credit	All topics listed must be credited during current control. Scores on a 4-point scale are converted into points on a multi-point (200-point) scale in accordance with the Regulations "Evaluation criteria, rules and procedures of students' academic results assessment"	Credit	

The maximum number of points that a student can score in the discipline for the current educational activities and the performance of an individual task - 200 points. Students' independent work is evaluated during the current control in a practical lesson. The number of points is set in accordance with the average score and is set according to the above table or by the formula:

$$\text{Average score} \times 200/5.$$

9. Course policy

The policy of the discipline is determined by a system of requirements for the student in the study of the discipline and is based on the principles of academic integrity. Students are explained the value of acquiring new knowledge, academic standards that must be followed, why they are important, what is academic integrity, what are its values and functions, how students can contribute to its development by their actions; the essence, features and reasons of inadmissibility of academic plagiarism are explained, students of higher education are encouraged to independently carry out educational tasks, to refer correctly to sources of information in case of borrowing of ideas, statements, information. The policy of the discipline is: mandatory observance of academic integrity by students, namely: - independent performance of all types of work, tasks, forms of control provided by the work program of this discipline; - links to sources of information in case of use of ideas, developments, statements, information; - observance of norms of the legislation on copyright and related rights.

10. References

1. **Adler A.** *Practice and theory of individual psychology*
 2. **Berne E.** *An introduction to psychiatry and psychoanalysis for the uninitiated*
 3. **D. W. Winnicott.** *The Child and the Family.*
 4. **Fritz Wittels.** *Sigmund Freud, his personality, his teaching, & his school*
 5. **Edward George Glover.** *Freud or Jung ?*
 6. **Alfred Ernest Jones.** *Sigmund Freud: Life and Work.*
 7. **Otto Friedmann Kernberg.** *Aggression in Personality Disorders and Perversions*
 9. **Otto Friedmann Kernberg.** *Severe personality disorders: Psychotherapeutic strategies.*
 10. **Otto Friedmann Kernberg.** *Borderline conditions and pathological narcissism.*
 11. **Melanie Klein.** *Envy and Gratitude*
 12. **Melanie Klein.** *Love, Guilt and Reparation: And Other Works 1921–1945*
 13. **Heinz Kohut.** *The Restoration of the Self*
- Additional**
14. **Jacques Marie Émile Lacan.** *My Teaching*
 15. **Sigmund Freud.** *The Interpretation of Dreams*
 16. **Sigmund Freud.** *An Outline of Psychoanalysis*
 17. **Sigmund Freud.** *Five Lectures on Psycho-Analysis*
 18. **Sigmund Freud.** *The Psychopathology of Everyday Life*
 19. **Sigmund Freud.** *Beyond the Pleasure Principle*
 20. **Sigmund Freud.** *The Ego and the Id*
 21. **Erich Seligmann Fromm** *Escape from Freedom*
 22. **Erich Seligmann Fromm** *The Art of Loving*
 23. **Erich Seligmann Fromm** *Man for himself, an inquiry into the psychology of ethics*
 24. **Karen Horney.** *The Neurotic Personality of our Time*
 25. **Karen Horney.** *Feminine Psychology*
 26. **Karen Horney.** *The Collected Works of Karen Horney (2 vols.)*
 27. **Karen Horney.** *Self-analysis,*
 28. **Carl Gustav Jung** *Analytical Psychology*
 29. **Carl Gustav Jung** *Archetypes and the Collective Unconscious*
 30. **Irvin Yalom.** *Existential Psychotherapy*

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