

**Calendar-thematic plan of independent work
for students IV course of Medical faculty
« PHYSICAL REHABILITATION AND SPORTS MEDICINE»
for 2022-2023 s.y.**

№	Date	Group	Theme	Number of hours
1.	12.09.22	2gr.	Preparation for practical classes; review of scientific and methodological literature; formation of practical skills.	4
	05.09.22	1gr.		
	13.09.22	4gr.		
	06.09.22	3gr.		
	14.09.22	6gr.		
	07.09.22	5gr.		
	02.09.22	8gr.		
	09.09.22	7gr.		
2.	12.09.22	2gr.	Writing a medical control card (form №061 / o or №162 / o) and a card of a patient being treated in an exercise therapy room, rehabilitation department, or rehabilitation center (form №42 / o).	3
	05.09.22	1gr.		
	13.09.22	4gr.		
	06.09.22	3gr.		
	14.09.22	6gr.		
	07.09.22	5gr.		
	02.09.22	8gr.		
	09.09.22	7gr.		
3.	12.09.22	2gr.	Features of medical control over children and adolescents in the process of exercise. Quantitative assessment of physical health. Choice of individual motor mode.	3
	19.09.22	1gr.		
	13.09.22	4gr.		
	20.09.22	3gr.		
	14.09.22	6gr.		
	21.09.22	5gr.		
	16.09.22	8gr.		
	23.09.22	7gr.		
4.	12.09.22	2gr.	General characteristics of the impact of physical activity of varying intensity on the body.	3
	19.09.22	1gr.		
	13.09.22	4gr.		
	20.09.22	3gr.		
	14.09.22	6gr.		
	21.09.22	5gr.		
	16.09.22	8gr.		
	23.09.22	7gr.		
5.	26.09.22	2gr.	Medical and pedagogical control in the process of physical exercises. Sudden death during exercise. The concept of doping in sports.	3
	03.10.22	1gr.		
	27.09.22	4gr.		
	04.10.22	3gr.		
	28.09.22	6gr.		

	05.10.22 30.09.22 07.10.22	5gr. 8gr. 7gr.		
6.	10.10.22 17.10.22 11.10.22 18.10.22 12.10.22 19.10.22 14.10.22 21.10.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Modern approaches to physical rehabilitation of patients with myocardial infarction.	3
7.	24.10.22 31.10.22 25.10.22 11.11.22 26.10.22 02.11.22 28.10.22 04.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Features of physical rehabilitation for diabetes, obesity, gout.	3
8.	07.11.22 14.11.22 08.11.22 15.11.22 09.11.22 16.11.22 11.11.22 18.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Modern methods of rehabilitation for bronchial asthma, pulmonary tuberculosis.	3
9.	24.10.22 31.10.22 25.10.22 11.11.22 26.10.22 02.11.22 28.10.22 04.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Features of methods of physical rehabilitation in preoperative and postoperative periods during surgical interventions on the organs of the thoracic and abdominal cavities.	3
10.	21.11.22 28.11.22 22.11.22 29.11.22 23.11.22 30.11.22 25.11.22 02.04.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Modern means of physical rehabilitation for radiculitis, osteochondrosis of the spine.	3
11.	05.12.22	2gr.	Features of modern psychophysical training of women in the normal	3

	12.12.22 06.12.22 13.12.22 07.12.22 14.12.22 09.12.22 16.12.22	1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	course of pregnancy.	
12.	05.12.22 12.12.22 06.12.22 13.12.22 07.12.22 14.12.22 09.12.22 16.12.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Prevention and correction of posture and flat feet in children. Non-traditional means of physical rehabilitation with cerebral palsy.	3
			Total hours:	37