

**Calendar-thematic plan of practical classes  
for students IV course of Medical faculty  
« PHYSICAL REHABILITATION AND SPORTS MEDICINE »  
For 2022- 2023 s.y.**

№	Date	Group	Theme	Number of hours
1.	12.09.22 05.09.22 13.09.22 06.09.22 14.09.22 07.09.22 02.09.22 09.09.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Medical control during exercise. Methodology of complex medical inspection. Determination and estimation of physical development of man.	2
2.	12.09.22 05.09.22 13.09.22 06.09.22 14.09.22 07.09.22 02.09.22 09.09.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Research and evaluation of the functional state of the body through functional tests.	2
3.	12.09.22 19.09.22 13.09.22 20.09.22 14.09.22 21.09.22 16.09.22 23.09.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Determination and estimation of general physical capacity and aerobic productivity. Tolerance is to physical activities.	2
4.	12.09.22 19.09.22 13.09.22 20.09.22 14.09.22 21.09.22 16.09.22 23.09.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	The pre-pathological states and diseases at the inefficient engaging in a physical culture and sport. A concept about stimulant.	2
5.	26.09.22	2gr.	Facilities of renewal and stimulation are at the health and sporting training.	2

	03.10.22 27.09.22 04.10.22 28.09.22 05.10.22 30.09.22 07.10.22	1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.		
6.	10.10.22 17.10.22 11.10.22 18.10.22 12.10.22 19.10.22 14.10.22 21.10.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Basics of therapeutic massage.	2
7.	24.10.22 31.10.22 25.10.22 11.11.22 26.10.22 02.11.22 28.10.22 04.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	The general principles of physical rehabilitation. Psychological rehabilitation and social work with persons who became disabled during military service and other persons affected by the hostilities.	4
8.	07.11.22 14.11.22 08.11.22 15.11.22 09.11.22 16.11.22 11.11.22 18.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Physical rehabilitation clinic of internal diseases.	4
9.	24.10.22 31.10.22 25.10.22 11.11.22 26.10.22 02.11.22 28.10.22 04.11.22	2gr. 1gr. 4gr. 3gr. 6gr. 5gr. 8gr. 7gr.	Physical rehabilitation in surgery, traumatology and orthopedics.	4
10.	21.11.22 28.11.22 22.11.22	2gr. 1gr. 4gr.	Features of the application of physical rehabilitation in obstetrics and gynecology.	2

	29.11.22	3gr.		
	23.11.22	6gr.		
	30.11.22	5gr.		
	25.11.22	8gr.		
	02.11.22	7gr.		
11.	05.12.22	2gr.	Features of the physical education of infants. Physical rehabilitation of sick infants.	2
	12.12.22	1gr.		
	06.12.22	4gr.		
	13.12.22	3gr.		
	07.12.22	6gr.		
	14.12.22	5gr.		
	09.12.22	8gr.		
	16.12.22	7gr.		
12.	05.12.22	2gr.	Physical rehabilitation in diseases and injuries of the nervous system.	2
	12.12.22	1gr.		
	06.12.22	4gr.		
	13.12.22	3gr.		
	07.12.22	6gr.		
	14.12.22	5gr.		
	09.12.22	8gr.		
	16.12.22	7gr.		
			<b>Total hours:</b>	<b>30</b>