

**Calendar-thematic plan of independent work
for students IV course of Medical faculty
« PHYSICAL REHABILITATION AND SPORTS MEDICINE»
for 2023-2024s.y.**

№	Date	Group	Theme	Number of hours
1.	29.01.24 05.02.24	3 gr 4 gr.	Preparation for practical classes; review of scientific and methodological literature; formation of practical skills.	4
2.	29.01.24 05.02.24	3 gr 4 gr.	Writing a medical control card (form №061 / o or №162 / o) and a card of a patient being treated in an exercise therapy room, rehabilitation department, or rehabilitation center (form №42 / o).	3
3.	12.02.24 19.02.24	3 gr 4 gr.	Features of medical control over children and adolescents in the process of exercise. Quantitative assessment of physical health. Choice of individual motor mode.	3
4.	12.02.24 19.02.24	3 gr 4 gr.	General characteristics of the impact of physical activity of varying intensity on the body.	3
5.	26.02.24 04.03.24	3 gr 4 gr.	Medical and pedagogical control in the process of physical exercises. Sudden death during exercise. The concept of doping in sports.	3
6.	11.03.24 18.03.24	3 gr 4 gr.	Modern approaches to physical rehabilitation of patients with myocardial infarction.	3
7.	26.02.24 04.03.24	3 gr 4 gr.	Features of physical rehabilitation for diabetes, obesity, gout.	3
8.	25.03.24 01.04.24	3 gr 4 gr.	Modern methods of rehabilitation for bronchial asthma, pulmonary tuberculosis.	3
9.	08.04.24 15.04.24	3 gr 4 gr.	Features of methods of physical rehabilitation in preoperative and postoperative periods during surgical interventions on the organs of the thoracic and abdominal cavities.	3
10.	22.04.24 29.05.24	3 gr 4 gr.	Modern means of physical rehabilitation for radiculitis, osteochondrosis of the spine.	3
11.	08.04.24 15.04.24	3 gr 4 gr.	Features of modern psychophysical training of women in the normal course of pregnancy.	3
12.	06.05.24 13.05.24	3 gr 4 gr.	Prevention and correction of posture and flat feet in children. Non-traditional means of physical rehabilitation with cerebral palsy.	3
Total hours:				37